

# INVOCATION

FEBRUARY 2023



**Walk for Life  
Supports the Unborn**

INVOCATION



# Fraternal Year Home Stretch

*By State Deputy Rob Urrutia*

**W**e are now into the home stretch of the fraternal year. It's report time. Please make sure all reports are sent in on time. Remember the Semi-Annual audit is now due. Please get those reports in on time.

I had the honor of participating in the annual march for life in St. Augustine. Despite being a cold day for Florida Standards, we had a great turnout. Unfortunately, it will be the last time it would be held in St. Augustine. The march will now be held in Tallahassee, I hope more Knights will be able to attend just as we attended the St. Augustine March. The March for Life in DC went off with out any complications. Please keep praying and supporting the Right to Life movement.

We took a slight pause in recruiting this past month and a half. As of the end of January we will need to avg. 300 new members a month so that Florida reaches the Circle of Honor again. It has been way to long for us to not make it. Please keep asking new members to join this great organization. We have a lot to offer. Life Insurance, Charitable works, and of course spiritually. We pray together with our brothers and families. I am proud to say that all 3 General Agents in Florida did very well. The Urrutia, Lawandus, and Spinelli agencies all finished in the top half of the order. If your council has not had a Financial Benefit night yet please reach out your Agent/Financial advisor or the General Agent themselves to schedule your council. Last year we had many councils who did not achieve State Council for not holding a benefit night. In addition, please get your safe environment obligations out of the way. It should be every Grand Knights legacy to achieve highest award for your council.

Recently I have been hearing some chatter across the jurisdiction in regard to the AFI (Affiliate Member Initiative). The absolute cut off date for councils to submit their list to Supreme is

January 31, 2023. There is some confusion on the cutoff date for councils to submit their list. Due to our Fraternal year billing, The drop dead cut off is January 31st. No list will be accepted after this date. Any list that has been presented to us after

the date will be reviewed and before it goes to Supreme must be approved by the State Deputy.

Well it's that time again with out State Convention right around the corner. Please make sure the Council conducts an election to choose your delegates. Once the council has chosen the Delegates the Financial Secretary must register those names on the website. Once the Financial Secretary has completed that then the delegate must go in and register. Remember the Financial Secretary is only registration the delegate to notify us that they are the delegate. The Delegate themselves must register after the Financial Secretary has completed his task.

Remember 1-2-3 Action. Please go and recruit! We will keep you all in our prayer!



*State Deputy  
Robert Urrutia*



# Feasting to Fasting

*By State Chaplain Very Rev. Bob Kantor*

“When you fast, anoint your head and wash your face, so that you may not appear to be fasting, except to your Father who is hidden.”

~ Mt. 6:17-18

**W**ho doesn't like a good feast and celebration? There's a long tradition in faith and culture to celebrate Mardi Gras, a last hurrah before entering Lent. The peculiar and perhaps predictable thing that has happened to Mardi Gras in popular culture is that it has been extended without a transition to Lent! Even theme parks have prolonged the celebration to cash in on the fun and festivities of what by tradition is only a day.

For Knights of Columbus and their families, it is spiritually healthy to make the turn from a day of enjoyment to a season of preparation for the celebration of our salvation, when Holy Week brings a recalling and entering into the suffering, death and resurrection of Jesus. Fasting is one Lenten practice which tells our bodies this is no normal 40-day period. The bodily hunger can also feed a spiritual need. When the stomach growls we are reminded of an intentional sacrifice for the One who made the ultimate sacrifice for us.

Have you heard about the latest diet strategy called intermittent fasting? I have met parishioners who have lost considerable weight by confining their daily food intake to eight hours or less. It seems like for optimal health the body can benefit from fasting. It also yields spiritual benefits. In preparation for entering public ministry, Jesus fasted 40 days and 40 nights. Your doctor probably wouldn't recommend that, but some element of fasting in addition to praying and almsgiving can help us think about things we normally don't ... the starving of the world ... the food we take for granted ... the feeling of hunger which we may not otherwise experience when we eat on a schedule,

sometimes to excess!

Now is the time to plan for a prayerful and meaningful Lent. Attend Mass on Ash Wednesday if at all possible, and don't be too quick to wipe off those ashes. They are an outward sign of who you are and how you were saved. They are a witness to the world. If your health and age permit, be sure to follow the Church's guidelines on fasting on Ash Wednesday and Good Friday, and abstaining from meat on the Fridays of Lent. And see if you can't take it a step further and fast more extensively. If it's not from food then perhaps some other pleasure. In our land of plenty, make a conscious attempt to deny yourself something, so that we will never deny the One who has given us everything!



*State Chaplain  
Very Rev. Bob Kantor*



# Faith And The Divine Will

*By Former State Chaplain Reverend Salvatore Pignato*

**T**oward the end of February, we will begin to immerse ourselves into the preparation for the Passion, Death, and Resurrection of Jesus Christ. This celebration of the Passion, Death, and Resurrection of Jesus, which is called the Great Fast and Easter, is informed by and fueled by our faith.

Being a Catholic is cradled in our faith in Jesus and belief that He will do what He says. This belief is nourished and grows by our education and our surrender to Jesus. For all of our lives, we have been educated in the Lord Jesus in two ways. Firstly, we have been educated by our Church in what it teaches and by our families in how they lived their faith and taught it to us. Secondly, we have been educated by the descent of the Holy Spirit in our baptism.

As we have lived that baptism in our lives, we have been educated by the Holy Spirit within us, teaching us the ways of God. That Spirit motivates us in our ministry. That Holy Spirit nourishes our commitment to belief. This belief is founded in the spiritual value of surrender. I call surrender a "moral quality." This means surrender is the highest spiritual quality, without question, in relation to faith in God.

Surrender probably is the most necessary quality, because, it is, at the heart of Jesus' listening to us. We know this because before Jesus cured someone, He would always ask in some verbal form, "Do you believe I can do this" or "Your faith has saved you." That human "moral quality" of surrender that we have been blessed with, is what touches the humanity of Jesus and ultimately activates His Divinity in order to satisfy our needs and the needs of others.

As we begin the Great Fast, fasting will give us an opportunity to expose our mind, body, and soul to be educated by Jesus Himself in the art of surrender. Every time Jesus fasted or prayed it gave Him the opportunity to be educated by His Father and to see more clearly His mission for the people

of God which would be the final "surrender" of His Life to God. It gave Him a stronger commitment to witness to others the love of His Father, and to be able to drink from the chalice He spoke about in the Garden of Olives.

Jesus once said to St. James and St. John, "Can you drink from the same Chalice I will drink from?". The Great

Fast will give us time to focus on the meaning of drinking from that same Chalice. There is no doubt Jesus will offer that chalice to us at some point or points in our lives. As fasting did for Jesus, His fasting, as it did for Him in the Garden of Olives, will give us the same ability to say to God, "Not my will, but Thy will be done." When we can say that sentence in absolute truth, as Jesus did, we will have reached that final "moral principle in our spiritual life, which is, unquestioning "surrender" to the Will of God. Then, just as the Man Jesus, we will find ourselves, fully immersed, in the "Divine Will." What more could we want from the Great Fast than this great gift of surrender to the Will of God.



*Former State Chaplain  
Rev. Salvatore Pignato*



# Supreme Chaplain's Challenge

*By Supreme Chaplain Archbishop William E. Lori*

“But I say to you, do not swear at all . . . . Let your ‘Yes’ mean ‘Yes,’ and your ‘No’ mean ‘No.’ Anything more is from the evil one.” (Gospel for Feb. 12, Mt 5:34a, 37)

**J**esus here decries casual oaths that offend God, but all sorts of deceitful, blasphemous or obscene language is frequently heard in our society today. Taking the Lord’s name in vain — or misusing our gift of speech in other ways — has become commonplace. Showing respect for God is fundamental to the Christian life and doing so in our speech is a pivotal place to start. Let’s speak plainly and keep our speech pure and true to honor God.

## **Challenge by Supreme Chaplain Archbishop William E. Lori:**

This month, I challenge you to mindfully practice curbing your tongue, particularly avoiding taking the Lord’s name in vain. Second, I challenge you to seek to grow in your respect for God as a Catholic man by participating in the Faith in Action Into the Breach program.

## **Questions for Reflection:**

Do you pay much attention to what you say and how you say it? Do you notice what you hear around you, whether from the people in your life or from media you consume? What are some specific ways you can try to avoid speech that fails to show respect for God?



*Supreme Board members at the Walk for Life in Washington DC*

# A New Callout Record



**A**ssembly 2810 Color Corps has once again broken an all-time record for callouts during the one-year period from Dec. 21, 2021, to Dec. 18, 2022. Led by FDD and Faithful Navigator Dan Nagy, we answered a record 91 out of 109 callouts that were posted in our North Central Florida area. We broke last year's record of 85 callouts. December of 2022 was also our all-time busiest month, with 14 callouts.

Assembly 2810 has 29 Sir Knights with new uniforms, which is up six from the same time last year.

For the year, the color corps answered 48 funerals or wakes; 28 special masses; six exemplifications, 6 patriotic or veteran's events; and three civic events. These callouts occurred in Flagler, Volusia, St John and Putnam Counties. In all, 552 Sir Knights expended 3,186-man hours answering these calls.

By utilizing area-wide mutual aid in callouts we were able to have consistently good turnouts, with an average of better than nine Sir Knights per call-out. It was not unusual to have 12 to 16 SKs at a call-out.

The Color Corps Commanders and their six assemblies listed below provided outstanding

assistance with 450 of their Sir Knights, who expended 2,581 man-hours.

Our Lady of Hope #2794, Port Orange  
 Bishop Thomas Grady #2901, Ormond Beach  
 Archbishop Michael Curly #0165, Daytona Beach  
 Bishop John Neumann #1930, Deltona  
 Bishop Verot #0166, St. Augustine  
 Ave Maria #3008, St. John

Between actual callouts and background organization together our area Sir Knights expended 6,037 Volunteer hours!!

Well Done, Brothers!!

Many thanks go to all who attended. We could not have done this without the outstanding cooperation of our Brother Sir Knights.

Thank You for your Color Corps commitment and your generous donation of time.

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 Flagler Beach, Fl  
 508-423-9364 cell  
 386-586-6865 home  
 nemegavolts@gmail.com  
 nemegavolts@bellsouth.net

# Coastal Laps for Life 5K



**K**nights from throughout east-central Florida are invited to participate in the second Coastal Laps for Life 5K, to be held at Father Lopez Catholic High School in Daytona Beach at 7:30 a.m. on Saturday, April 1.

The event opens festivities for the seventh annual Terry Cassidy Memorial Coastal Laps for Life, with opening ceremonies at 9:15 a.m. and the walk around the Father Lopez High School track beginning at 9:30 a.m.

The 5K run consists of two laps around the school campus, beginning and ending at the track. Used for the first time in last year's 5K, this course was also used in the fall for the FHSAA District Cross-Country championships.

Last year's run was limited to 50 participants, with about half of them Knights, family members and friends. SK Michael Coleman, PGK at Thomas A. Beckett Council 16236 and current District 24 Deputy, went out in the early lead. He was closely followed by Brother Knight Derek Redel of Father Downey Council 4934. Coleman held a slight lead at the halfway point; Redel made his move coming back and went on to win in 21:58. Coleman held on for second in 22:20.

Brother Knight Jerry Williams of Council 4794 took fifth in 26:01, with SK Tim Carnego of host Council 8086 also finishing in the top 10.

The race is put on by the U.S. Road Running Race Club. DD20 John O'Malley is the race director. For additional information, please visit: <https://runsignup.com/Race/FL/DaytonaBeach/LapsforLife5KinDaytonaBeach2022>.

The Terry Cassidy Memorial Coastal Laps for Life is a joint effort among KofC Councils in Volusia and Flagler counties. In six years, the initiative has placed 10 ultrasound machines in regional faith-based women's centers.





# Color Corps Statewide Training



**T**he eyes of the worldwide Knights of Columbus will be on Florida this summer, when the Supreme Convention is held in Orlando on August 1-3.

To prepare for this occasion, the Fourth Degree Color Corps of the Florida District, DeSoto Province has begun statewide training to ensure a unified and professional appearance at Convention ceremonies and Eucharistic Adoration.

Florida District Marshal Danny McIntyre began his training with a January session at San Juan Del Rio in Jacksonville, hosted by Switzerland Council 12664. There were 52 Sir Knights from 14 Assemblies attending the training. SK McIntyre began with a review of the Fourth Degree training manual. Other subjects covered included procedures at the Mass, funerals, marching drills and uniforms. Examples of the new baldrics for Marshals, Faithful Navigators and Color Corps Commanders were in evidence.

Other planned sessions include Council 6624 (2000 Neptune Road) in Kissimmee on Saturday, Feb. 11, at 10 a.m. Our Lady of Hope Assembly 2794 will host training at 1:30 p.m. on Sunday, Feb. 26, at the Parish Hall on Clyde Morris Blvd.

in Port Orange.

Vice Marshal Dr. Osmany Periu has been conducting regular training sessions for his Color Corp Commanders in Boca Raton and West Palm Beach, with additional training to be scheduled.

Vice Marshal Ken Jeffres will be holding session in the Northern and Southern sections of St. Petersburg Diocese in the near future.



# Council 11281 Activities

## Blood Drive

Council 11281 at St. John the Evangelist (SJE) parish in Naples, Florida partnered with North Collier Hospital (NCH) Healthcare System for three blood drive during 2022. The NCH bloodmobile was parked on the SJE campus and collected blood donations from nearly 100 donors. Council 11281 Financial Secretary John Gerdes was one of the donors. The next blood drive is scheduled for March 14, 2023.

## Coats for Kids



Council Treasurer Gary Ray and Sir Knight Anthony Lombardi were able to outfit many excited youngsters when they delivered the coats to Immokalee, Florida – a city with many low-income households.

## Annual Christmas Party

Council 11281 held their annual Christmas party. Over 125 attended the party, including the parish priests and ten disabled adults from STARability. The Knights provided gifts to the disabled adults, who were thrilled with the arrival of Santa Claus (Sir Knight Bernie McLoughlin). Grand Knight Paul Curti was the event MC and announced each of the STARability guests. Thanks

to the Disabilities (Tootsie Roll) Campaign and other fundraisers, Council 11281 donated nearly \$20,000 to the disabled in 2022.

## 2nd Annual Country Life Fest

St. John Council 11281 held their 2nd Annual Country Life Fest on January 20th at Saint John the Evangelist Parish in Naples Florida. Over 400 attendees visited booths of the Six Pro Life organization attending the event. St. John Council made ASAP donations of over \$10,000.00 to pro-life groups including pregnancy resource centers and maternity homes, in addition, the council also purchased an Ultrasound machine for Community Pregnancy Clinics, Inc. Donations were also made to Students for Life and the Teenage Pregnant Parents program of Collier County

## Toys and Gifts to Needy Families



Council 11281 collected and donated over 2,300 toys, books, and other Christmas gifts to help over 100 needy families in the local community. Sir Knight George Pfothenhauer and his wife Laurie led the program. Many Brother Knights helped with the toy collection. The Council partnered with North Collier Fire & Rescue and the Angela's Angels "Adopt a Family" program.

# Supporting Foundation for Life

**O**n January 19th, the Knights of Columbus Council 7282, at Prince of Peace Catholic Church, sponsored a fund raiser to support the Foundation for Life, which assists women who are experiencing a challenging pregnancy. The goal of the Foundation for Life is to help women who are facing unplanned pregnancies choose life for their babies and develop a balanced life for themselves and their child.

About seventy-five attendees donated \$750 and had the opportunity to view the Foundation for Life Traveling Van at the Conesa Center on the Church grounds.

The featured speaker was Distinguished Toastmaster Tom Cummings who presented an auto-biographical speech entitled “Why I Am Pro-Life – Fruit of the Womb.”

The Knights of Columbus Life Programs defend the dignity of each human being at every stage of life. Councils and parishes can build a culture of life and support pro-life. The programs supported include Aid and Support after



Pregnancy (ASAP), Novenas for Life, March for Life, Special Olympics Ultrasound Programs and The Christian Refugee Relief Fund to cite a few KofC initiatives.

The Mission of the Knights of Columbus is to empower Catholic men to live their faith at home, in their parish, at work and in their community following the Principles of Charity, Fraternity, Unity and Patriotism.. For information regarding joining the Knights of Columbus go to [KofC.org](http://KofC.org).



*Delray Beach Knights of Columbus Council 13996 hosted a pancake breakfast on Sunday, Jan 29 at St. Vincent Ferrer Catholic Church and School as a kickoff to Catholic Schools Week. The Council also conducted the Councils Free Throw Championship in which we had 13 participants. Our Council is always there to support our Catholic Schools and its students. Pictured below is our Council in action with our Brothers serving our Students and our Grand Knight Jay Flood helping Brother Dan make the pancakes.*

# Knights Distribute Coats



Our Lady Queen of Peace Knights of Columbus Council 11680 recently distributed 528 warm winter jackets to needy students attending Marlowe and Calusa Elementary Schools and Gulf Middle School. This was the third year in a row that the Knights had distributed winter jackets to needy West Pasco school children bringing the total number of jackets distributed over three years to 1,608.

“This program is possible because of the more than 150 donations we received from local businesses and individuals during our fall fund raising drive,” stated Tim Couzins, Chair of the Coats for Kids Program.

The Knights were assisted by the School Resource Officers and Principals at each of the schools. Amy Riddle, Principal of Gulf Middle School noted, “With 85% of our students on free

and reduced lunch, many lack the funds to be able to purchase adequate clothing, especially during cold weather. These jackets will help our students be more comfortable and hopefully, more healthy.”

This year the Knights also partnered with the local Kiwanis Club and donated winter jackets to the foster children attending their “Polar Express” event in December. Jackets were also donated to the PACE Center for Girls. When asked why the Knights of Columbus are so committed to this program, Bill Shustowski, Jr., Grand Knight, stated, “Given the current need of school children in West Pasco, our Council is committed to supporting our future, one child at a time.” For more information on the Knights of Columbus Coats for Kids Program contact Bill Shustowski, at Knights of Columbus 11680, 5340 High Street, New Port Richey, FL 34652.

# A Commitment to Special Olympics

I had noticed a young man by the name of David Brown who works as a cashier at Palm Beach Gardens Medical Center. He was wearing a bracelet that read Special Olympics Health. I struck up a conversation with him and asked if he was an athlete.

He mentioned that he bowls, runs track, plays basketball and is even practicing for pickle ball. I brought it to my local council 2075 and we sponsored him. December 3rd was the International Day of Persons with Disabilities. The Worthy State Treasurer, Michael Gizewski and I attended the Palm Beach County Basketball Tournament, held at John I. Leonard High School in Greenacres FL. David played exceptionally his team won both of its games, and were on their way to the Regionals.

January 15th, today the Worthy State Treasurer and I were at the Regional basketball tournament to cheer David and his team. He again played well hitting his shots including a long 3 pointer. He also played great defense blocking shots and bringing down rebounds. His team split their games, we were very proud of David, and his team's effort.

The day was extremely fun, and everyone there were winners for coming out and participating. It was really heartwarming following David and the athletes give their all. It just emphasizes how really important our commitment to Special Olympics Florida is, and how these young men and women reach for their stars and dreams.



Did you know that the State of Florida Council has a YouTube Channel? Well, we do! This is a place where we can put in videos of the all the great things that we do as Knights in the State of Florida.

During the State Convention we took video interviews of some of the Dignitaries that honored us with their presence. You can

see the videos by [CLICKING HERE](#)

Please be sure to subscribe to the channel so you will be notified when new videos are added. If you have any videos that you would like to add that shows your Council doing good works please email Jim Clark, Broadcast Media Relations and Production Director at [jclark1@gmail.com](mailto:jclark1@gmail.com).

# Knights Ride With Archbishop

**F**lorida Knights on Bikes held its 2023 Archbishop's Motorcycle Ride on Sunday, Jan. 29. The ride started at Our Lady of Guadalupe with a morning Mass, and ended at Peterson's Harley-Davidson in Cutler Bay. The ride had 350 bikes for a fully police escorted by police.

"It was a great ride for the benefit of St. Luke's, an addiction recovery program of Catholic Charities," said Mr. Rev. Thomas Wenski, Archbishop of Miami and a participant in the ride. "I enjoyed the fraternity of the bikers and was edified by their generosity."

The event raised in excess of \$20,000 for St. Luke's Center. Counting bikers, riders, volunteers and police officers, more than 500 people participated in the event.



# Gulf Breeze to Host Exemplification

One of the best ways to keep a fellow Knight active is by giving the gift of membership in the Fourth Degree. Studies have shown that Knights inducted into the Fourth Degree continue with a lifetime commitment to our order.

The next live exemplification for the Florida District of the De Soto Province will be on Saturday, March 4, at St. Sylvester Catholic Church in Gulf Breezes.

We are honored to announce that the Very Rev. Bill Wack, CSC, the Bishop of the Pensacola-Tallahassee Diocese, will attend the exemplification. Bishop Wack was the honoree for the most recent exemplification in the Panhandle in 2021.

We are pleased to announce that the exemplification honoree will be SK Kris Elliott, the Florida State General Programs Director and a resident of Gulf Breeze.

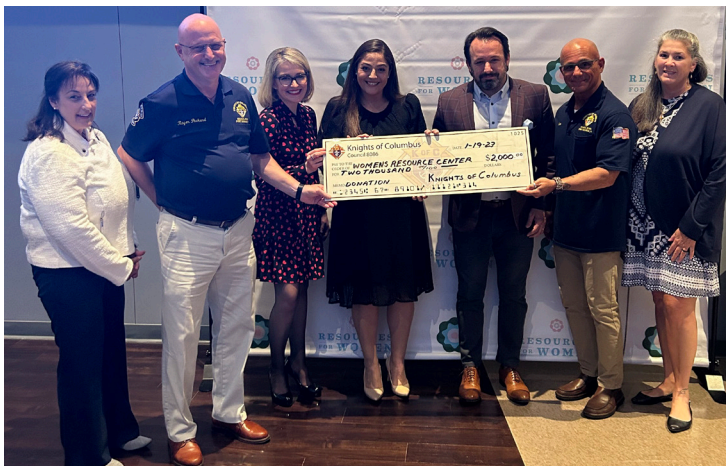
A full day of activities is planned. Registration begins at 9:30 a.m., with the Exemplification ceremony beginning at noon. There will be the recitation of the Patriotic Rosary in the anteroom to get candidates into the proper frame of mind for the Patriotic Degree.

There will also be Ladies Tea at noon. The Exemplification and Ladies Tea will be followed by a Vigil Mass at 4 p.m., followed by a banquet at 6 p.m.



The candidate fee is \$70. The fee for a Priest is \$45. The deadline is Wednesday, Feb 16. Assembly checks are to be made out to: John J. O'Toole, and sent to Master John J. O'Toole, 9686 SW 92 Place Road, Ocala 34481.

All remaining exemplifications will be held live. Future dates include June 24 at West Palm Beach; August 26th in Jacksonville; and November in Orlando.



*Our Lady of Hope Council 8086 of Port Orange recently made a \$2,000 donation at the recent Resources for Women gala, as part of the Knights' ASAP program. Life Director Vito Benedetto made the presentation on behalf of the council, joined by Grand Knight Roger Packard and their spouses, Gina and Lisa.*

*Executive Director Paola Sanchez accepted the check on behalf of the Daytona Beach center, joined by board members Shane Bartholomew and Anne Myer. The center has received several ultrasound machines donated by the Knights of Columbus through the Coast Laps for Life, of which Council 8086 is the core council.*

*The 2023 Coastal Laps for Life will be held at Father Lopez Catholic High School on Saturday, April 1, with opening ceremonies at 9:15 a.m.*

# Laps For Life

**O**n 4-March, in conjunction with the Knights of Columbus, we will Celebrate our 10th Annual Central Florida Laps4Life (Laps) Walk-a-thon. This equates to almost 50 Ultrasound Machines placed in Crisis Pregnancy Centers throughout Florida, and the South valued at approximately \$1.5 MM. The state of Florida is second to no one in placing these most valuable machines in the centers where they are needed.

The K of C Ultrasound Initiative in Florida has placed just over 100 ultrasound machines in Crisis Pregnancy Centers. Of those, Central Florida Laps4Life has been responsible for almost 50%. While we represent a small portion of the Knights in Florida, we are the most productive group. Central Florida Laps for Life has raised more for these machines than any other group of Knights world-wide

While we walk in the Central Florida Region, our donations come globally. We've found that the good work we do has been heard throughout the world. Since you are reading this on the internet, our Knights have learned the power it controls. There are Facebook pages, Twitter accounts, and the like.

Our goal this year is \$125,000. In the past many of our Brother Knights were raising the monies on a one-on-one basis. The objective is to use social media (email, Instagram, Facebook, Twitter, etc.).

While we are there to support Life, perhaps just as important is our support of the Culture of Life and helping families in distress. Oftentimes we forget that this is not just about the infants we save but also the families. This is a stressful time and the Centers offer help in other ways to them. They provide education, clothing, diapers, etc. While the Ultrasound Machines play an important part in the health of the mom and infant...these centers are truly lifesaving and help in keeping families together.

This is where the Aid and Support After Pregnancy program comes into play. It is

designed to provide help in educating the new parents; providing formula (if necessary); infant clothing; etc. If you choose Aid and Support After Pregnancy (ASAP), it is eligible for 20% in matching funds by the Knights of Columbus.

This year, you will find two options for donation on the registration page. If you choose the Ultrasound Initiative, it is eligible for a 100% match by the Knights of Columbus. The alternative is to choose the Aid and Support after Pregnancy (ASAP) program with a 20% match by the Knights.

The ASAP program will be used for donations of baby items (equipment, food, formula, diapers, wipes), clothes (maternity, baby, infant and toddler). Further, it can be used to help educate the new moms and dads.

Please contribute to help us save lives and families. Join us on March 4 at Bishop Moore Catholic High School. We are planning to walk (it's outdoors on a beautiful March Morning, in Central Florida and constitutes exercise). Several of the Medical Clinics/Centers who are recipients of the equipment will be present to celebrate with us.

To learn more, go to <https://cflaps4life.org/>. From there you can not only learn what we do, but also see a video published by Supreme and be directed to the Event Page ([www.cf-laps.life](http://www.cf-laps.life)) where you can create/join a team or just donate to your favorite.

For additional information contact:

James J Taglia  
(407) 492-0329  
jtaglia@gmail.com





**Florida State Newsletter Competition 2023**

*Newsletters will be judged prior to the State Convention. To qualify for the State Newsletter Competition, Councils must enter the competition and have a minimum of six newsletters dated from May 2022 through April posted on the Florida State Council website prior to April 15, 2023. Paper copies are not accepted.*

Division 1 (0-75 members) \_\_\_\_\_  
Division 2 (75-150 members) \_\_\_\_\_  
Division 3 (more than 150 members) \_\_\_\_\_

**Criteria and scoring guidelines:**

*Communication to Council Membership:*

- Council activities & Programs..... (90 pts. max)
  - Message from Grand Knight (20)
  - Coverage of Council charitable, church, family programs, pro-life, community events (20)
  - Letter, article or statement from deputy or chaplain (10)
  - Support of the Catholic religion, e.g., prayer, life of a saint, etc. (10)
  - Calendar of upcoming events (20)
  - Message supporting Council's Fourth Degree affiliate (10)
- State Council & District Programs..... (10 pts. max)
  - Announcements supporting State (5) and District (5) activities or programs.
- Supreme Council Programs..... (20 pts. max)
  - Announcements supporting Supreme activities or programs (10)
  - References to *Columbia* or *Knightline* articles or Supreme E-mails (5)
  - Article by Fraternal Benefits Advisor (10) or ad with his information (5).

*Design & Artwork*

- Artwork..... (20 pts. max)
  - Is the artwork tasteful and appropriately used?
  - Does it detract from other parts of the newsletter?
  - Is content fresh, or does it repeat month after month?
- Photography..... (20 pts. max)
  - Are photos appropriately used and properly identified?
  - Are the faces large enough to easily identify the individuals?
- Legibility..... (10 pts. max)
  - Is the newsletter easy on the eyes, or is it difficult to read?
- Grammar & Spelling..... (10 pts. max)
  - Are there grammatical or spelling errors in the articles.
  - Does the tone of the articles reflect the K of C in a positive light?
  - Neatness counts!

**Total Overall Points** \_\_\_\_\_ **(180 pts. max)**



## Brrrrr-ave the cold and make a big splash for INCLUSION

Don't miss the coolest event of the year (literally)! Join us for a dip in the frigid waters and take the plunge to support 60,000 Special Olympics Florida athletes.

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**Orlando • February 11**

Aquatica Waterpark

**St. Johns • February 25**

Beachwalk Club at Crystal Lagoon

**Tampa Bay • March 26**

Adventure Island

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- Build a Team -or- Join a Team
- Raise Funds
- Earn Swag
- Change Lives

**Sign up today at**  
[soflpolarplunge.com](http://soflpolarplunge.com) -or-  
 Scan the QR code



# Knights of Columbus

FLORIDA STATE COUNCIL



**FIRST PRIZE**

**\$25,000**

2nd Prize:- \$15,000

(3) 3rd Prizes - \$5,000

# Charity Raffle

**Tickets are \$5**

Proceeds will benefit

The Florida Knights of Columbus Charities, Inc.

**Drawing will be May 27, 2023**

For Tickets, further details, or questions, please see a Knight or  
contact John Gearon III at 941-320-4745 or [Johngearon@yahoo.com](mailto:Johngearon@yahoo.com)

[www.floridakofc.org](http://www.floridakofc.org)



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is a nationally recognized speaker, television personality & best-selling author known for his unparalleled ability to turn advanced tax strategies into understandable, actionable and entertaining advice. Ed combines current research, in-depth expertise, and humor to teach viewers about the ins and outs of their retirements and distribution planning information.

**You are invited to join our free virtual webinar featuring Ed Slott. Ed specializes in the latest retirement planning strategies and distribution opportunities for 2023. Register today to reserve your spot.**

**March 2, 2023**

Date

**7:30 PM EST**

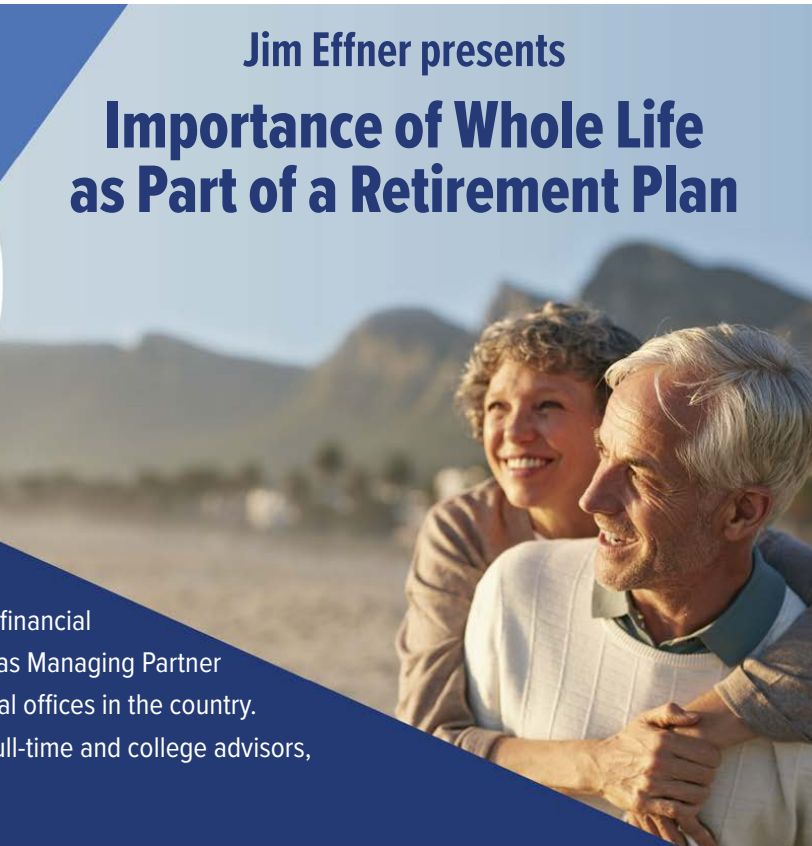
Time/Time Zone

<https://tinyurl.com/KofCSlottMarch2>

RSVP



Jim Effner presents  
**Importance of Whole Life  
as Part of a Retirement Plan**



**Jim Effner** is founder and President of P2P Group and specializes in training financial services professionals. Previously Jim was Managing Partner of one of the largest Northwestern Mutual offices in the country. He built the Effner Group to nearly 150 full-time and college advisors, insuring over 65,000 policyholders.

**You are invited to join our webinar featuring Jim Effner, who specializes in financial services and has been helping thousands of families with financial planning.**

April 26, 2023

Date

7:30 PM EST

Time

<https://tinyurl.com/KofCEffnerApril26>

RSVP



Scan here

No purchase is necessary. This event is for informational purposes only and does not constitute financial, tax or legal advice. Knights of Columbus, One Columbus Plaza, New Haven, CT 06510

LIFE INSURANCE • DISABILITY INCOME INSURANCE • LONG-TERM CARE INSURANCE • RETIREMENT ANNUITIES



**Knights of  
Columbus®**

**!!!69th ANNUAL FLORIDA STATE BOWLING TOURNAMENT!!!**



**PRESENTED BY**

**Knights of Columbus – Florida State Council Bowling Association**

**Singles and Doubles: Saturday, April 22, 2023**

**Team (4-Person): Sunday, April 23, 2023**

**Proceeds to benefit: Special Olympics Florida State Bowling Competition**

**USBC Sanctioned - Handicap 90% of 230. Open to all KofC members & pledges, female family and significant others. For new bowlers (males) enter at 145 average; new (females) enter at 130 average.**

**1<sup>st</sup> Bowler to roll a 300 wins \$100!!!**

**Bowling at:**

***Boardwalk Bowl & Entertainment Center***

***The Largest Bowling Center in the Southeast USA!!!***

***10749 East Colonial Drive, Orlando, FL 32817***

***Website: [www.alomabowlingcenters.com/boardwalk](http://www.alomabowlingcenters.com/boardwalk)***

**Lodging: Ask for “Knights of Columbus Bowling Tournament” group rate at the La Quinta, or click on hyperlink. All within 3 miles of the Boardwalk Bowl & Entertainment Center.**

**La Quinta Inn** (Host Hotel)

407-737-6075

3.0 miles from Boardwalk

Continental Breakfast Included

Starting @ \$115&tax per nite

<https://www.wyndhamhotels.com/laquinta/orlando-florida/la-quinta-orlando-ucf/rooms-rates?&checkInDate=04/21/2023&checkOutDate=04/23/2023&groupCode=CGFSCB>

**Days Inn**

407-996-9500

1.3 miles from Boardwalk

Continental Breakfast Included

**Best Western**

407-282-3900

2.5 miles from Boardwalk

Continental Breakfast Included

**For additional information, please feel free to contact:**

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Additional information can be found on the State website ([www.floridakofc.org](http://www.floridakofc.org)) or on our Facebook page ([Kofc Florida State Bowling](#))

# INVOCATION

## Knights of Columbus Florida State Council Newsletter How To Write an Article

**Newsworthy • Broad Appeal • Concise • Complete • Factual • Accurate**  
**Answers the Questions: Who, What, When, Where, Why & How**

**INVOCATION reports on local council activities throughout the entire State of Florida**

- Article size: **300 words** ideal (half page) to 500-600 words max (full page)
- Articles submitted as an attachment in Word format - not in the body of an email
  - PDF submissions are for ads or promotions - not articles
- Pictures need to be sent separately as an attachment and the original pictures **Please do not format them in any way, we will do it**-- not embedded in a Word document
- **Articles need to be brief, highly relevant and actionable**
- **At a minimum, Who, What, When and Where needs to be in the first paragraph,**
- Articles need to be brief, to-the-point and **of interest** to the entire State Council
  - What is the event/activity about?
  - Whom did it benefit?
  - What was the result?
  - Who are the key players/Knights?
- **Similar story** submissions will be consolidated/batched into one article by the Editors
- Authors must submit on time per the Editor production calendar- **Deadline 1<sup>st</sup> of each month**
  - Late submittals will be placed farther down the newsletter or not published.
- Proof your article carefully for spelling and grammar before sending (**use spellcheck**)
- Document filename should reflect the office/title, i.e. State Deputy article
- Every Region needs to participate – one page of the Invocation will be dedicated to each Region respectively
  - If a region does not submit content their page will be eliminated from that issue
- Cover story submissions need to be submitted ahead of the deadline due to special photo editing
  - Cover story photos – in portrait style at least 1mb in size - not formatted or resized
  - filename “Cover Story”

Send all information:

Region 1: Robert C. Guillery [rag130@outlook.com](mailto:rag130@outlook.com)

Region 2: [invocation@floridakofc.org](mailto:invocation@floridakofc.org)

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For general information or questions email: [invocation@floridakofc.org](mailto:invocation@floridakofc.org)



## Support Florida K of C Charities Inc.

When you shop at [smile.amazon.com](https://smile.amazon.com),  
Amazon donates.

[Go to smile.amazon.com](https://smile.amazon.com)



Do you shop on Amazon? If so, you can now have .05% of your purchases donated to Florida K of C Charities! All you need to do is use the link for Amazon Smiles. To activate this on your Amazon account just click on this link [AmazonSmile](#) that's all you have to do!

**D**id you know that the State of Florida Council has a YouTube Channel? Well, we do! This is a place where we can put in videos of all the great things that we do as Knights in the State of Florida.

During the State Convention we took video interviews of some of the Dignitaries that honored us with their presence. You can

see the videos by [CLICKING HERE](#)

Please be sure to subscribe to the channel so you will be notified when new videos are added. If you have any videos that you would like to add that shows your Council doing good works please email Jim Clark, Broadcast Media Relations and Production Director at [jclark1@gmail.com](mailto:jclark1@gmail.com).



## KNIGHTS OF COLUMBUS FLORIDA STATE COUNCIL MISSION STATEMENT

Evangelize and proclaim our faith, protect families, and perform works of charity.

Through our witness and deeds attract Catholic men to our Order.

Build the Domestic Church through service, support our parishes, clergy, and communities.

Incorporate principled fiscal responsibility for charitable giving.

## The Florida State Logo



## Florida State Council Officers

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**Harry Rother** Photographer Website: [www.kofcfoto.website](http://www.kofcfoto.website)

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Region 3 John O'Malley *jomalley1@cfl.rr.com*

Region 4 (Open)

Region 5 (Open)

Region 6 Armando Minutoli *alminutoli46@gmail.com*

Region 7 (Open)

Region 8 (Open)

## Florida State Council Social Media

Your State Council is now on Facebook, Instagram, Twitter and You Tube. We need all Brother Knights to participate and Let Your Light Shine.

- Go to Facebook and "LIKE" the page
- Go to Twitter and Instagram and "follow"
- #LetYourLightShine @KofcFlorida



## Knightline

KNIGHTS OF COLUMBUS IN SERVICE TO ONE. IN SERVICE TO ALL.

Check out the current issue of **Knightline**, a monthly resource for local KofC leaders. It is designed to help council officers plan events and activities, meet quarterly goals for the fraternal year and learn about Orderwide news. [CLICK HERE](#) to download the issue.

## COLUMBIA

[CLICK HERE](#) to view the online version of **COLUMBIA** Magazine, a publication for the Knights of Columbus.



**DISCOVER**  
— THE —  
*Catholic*  
**DIFFERENCE**